

YOUR PHOTO SESSION: What Men Need to Know

*We will consult well ahead of time until we are all clear on what you wish.
In the meantime, below you will find some general guidelines.*

Outfits:

- Please bring several outfits to choose from: we can come out when you arrive to help you carry them.
- Open looks, like v-neck or shirts that can be unbuttoned, usually work best. Generally it is better to avoid stark white shirts: off-white is better if you want a light color. Avoid turtle necks, especially ones with dark colors as they optically cut off the head.
- Choose colors that flatter your skin tone. Solid colors usually bring the most attention to the face. Black jackets often look too serious and heavy, so it's advised to bring an alternative.
- Consider also what you would like to express and what would look good on your website. Casual? Elegant? A variety? Think: first date in coffee shop to a sophisticated four-star dinner.
- Make sure the clothes are fitting well, not too tight or too loose. You want to give an idea of your body without overemphasizing it.
- Bring at least one pair of matching pants. Even with headshots, an edge of the lower body might be included in the image. It also gives you a different feeling if you are "complete" in your outfit and don't have to hide anything.
- Please do **NOT** wear cloths with thin vertical or horizontal lines, or with small checks or small patterns in lines. They often create unpredictable and moving Moiré patterns on screens that are *very* distracting.
- If you have and usually wear a watch, rings, bracelets, things around the neck including ties, please bring them. It can add some color and style to the photo.

- Most important: choose clothes that make you breathe and move freely, that make you feel good for yourself as well as in front of others.

Skin and Hair:

- Avoid dry and reddish skin on the day of the shoot. Applying non oily moisturizer lotion in the evening and morning before the session can help. Avoid sunscreens as they can throw off the camera.
- If you shave regularly, make sure your skin does not have red spots from the fresh shave.
- Also, avoid the "5 o'clock shadow" unless you want it. The camera shows more of it than we perceive with our eyes.
- Hair is one of the hardest items to retouch in postproduction. If your hair is at its best the day of the shoot, your images will reflect this.
- Please allow yourself enough time as we will spend some time warming up. If possible, do not schedule anything immediately after your shoot, so you can stay relaxed. Also, if they apply to you, [please see](#) how to prepare for Company, Group, and other kinds of shoots.

Location:

We can come to you, or you can come to our studio. We also have the capability to do shoots remotely wherever you may be: contact us for more on that.

If you are coming to our studio, we are twenty minutes from downtown, north of Seattle, and just off I-5 in Shoreline. We will send you our address and directions, and you will have your own off-street parking spot right next to the entrance.